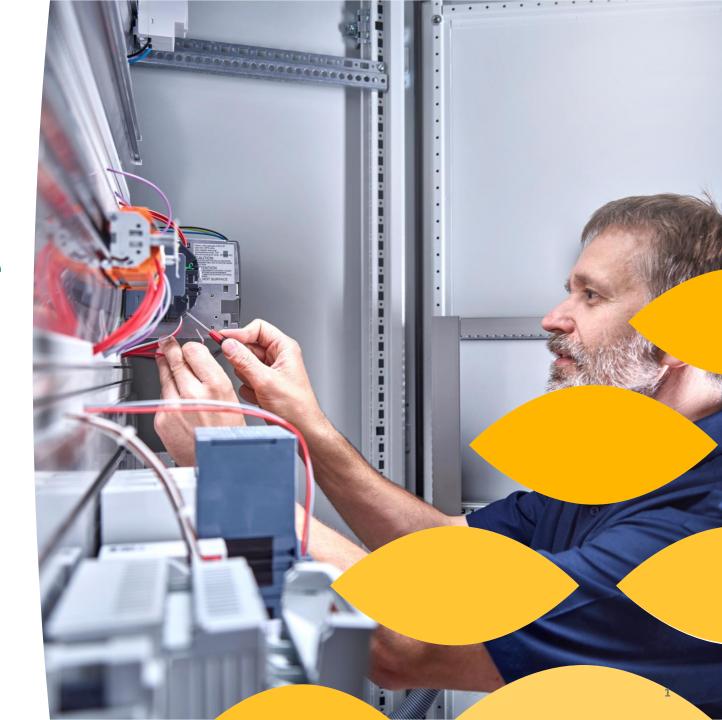


Good Health is Good Business Conference Series

Supporting an aging workforce

Topics:

- Health in the headlines
- Health and wellness of older workers
- Community resources for older workers
- What you need to know about Medicare





Karen Hawkes, MS VP Operations Northern Light Beacon Health



Jim Jarvis, MD, FAAFP
Senior Physician Executive,
Northern Light Health and
Director, Clinical Education
Northern Light EMMC



Clifford Singer, MD, DFAPA, AGSF Chief, Center for Geriatric Cognitive and Mental Health and Director, Mood and Memory Clinic Northern Light Acadia Hospital



Jay Pearl Medicare Planning Specialist Carroll Harper & Associates Inc.

3.23.23

Legal Disclosure:

The Coronavirus pandemic is an ongoing, continuously evolving situation. Northern Light Health encourages everyone to follow federal and state governmental guidance and mandates.

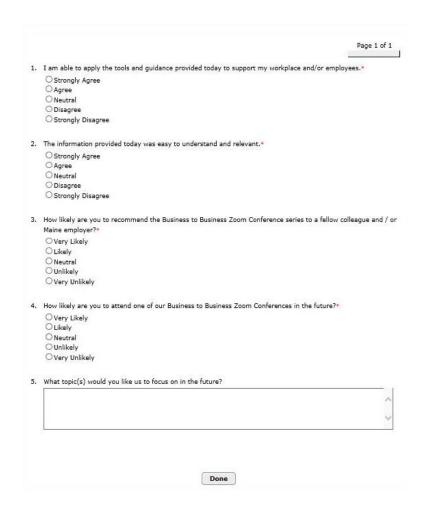
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Ask us questions – give us feedback – this hour is for you

 Please use the <u>Q and A</u> function to ask your questions at anytime.



Health in the Headlines



What an employer should know about Medicare

WHO WE ARE

Carroll Harper & Associates Inc. is a Managing General Agency with Locations in Bangor, Portland and Southwest Harbor, Maine. Carroll Harper, Jay Pearl and Carter Pearl along with our dedicated staff provide service to thousands of Medicare Beneficiaries We have 34 independent advisors for which we provide training and support in the Medicare industry and hundreds who partner with us for Long Term Care insurance planning. We have grown our company to be the premier Medicare Insurance Agency offering only quality Insurance Companies and providing the highest level of service.





JAY PEARL



JAY PEARL BEGAN HIS INSURANCE CAREER IN OCTOBER OF 1988
AFTER OBTAINING A BUSINESS MANAGEMENT DEGREE FROM HUSSON
COLLEGE. JAY SPENT MANY YEARS SPECIALIZING IN EMPLOYEE BENEFITS
AND FINANCIAL PLANNING BEFORE FINDING HIS NICHE IN THE AREA OF
MEDICARE PLANNING. IN MORE RECENT YEARS IN ADDITION TO WORKING
WITH HIS OWN CLIENTS JAY HAS RECRUITED AND TRAINED DOZENS OF
INDEPENDENT MEDICARE PRODUCERS. WE WANT TO BUILD A GROUP OF
PROFESSIONALS THAT CAN BE HELD TO THE HIGHEST STANDARDS.
THROUGH DEVELOPING A UNIQUE EDUCATIONAL APPROACH TO MEDICARE
PLANNING AND SHARING IT WITH OTHERS WE STRIVE TO MAKE THE
INDUSTRY BETTER. JAY MAINTAINS A PARTNERSHIP WITH FINANCIAL
BENEFIT SERVICES CORPORATION AND IS FREQUENTLY CALLED UPON BY
EMPLOYERS THROUGH OUT NEW ENGLAND TO EDUCATE AND ASSIST THEIR
EMPLOYEES IN THE AREAS OF MEDICARE AND FINANCIAL PLANNING







HOW DO I BECOME MEDICARE ELIGIBLE?

YOU ARE ELIGIBLE FOR MEDICARE WHEN YOU BECOME 65 YEARS OLD

<u>OR</u>

YOU ARE ELIGIBLE FOR MEDICARE WHEN YOU HAVE BEEN RECEIVING SOCIAL SECURITY DISABILITY INCOME CHECKS FOR 24 MONTHS





I AM NOW ELIGIBLE FOR MEDICARE.... HOW DOES THE ENROLLMENT WORK??

IF YOU ARE RECEIVING A SOCIAL SECURITY MONTHLY RETIREMENT PAYMENT PRIOR TO AGE 65, OR, IF YOU HAVE RECEIVED SS DISABILITY PAYMENTS FOR 24 MONTHS, YOU ARE AUTOMATICALLY ENROLLED IN MEDICARE A & B.

IF NOT, YOU MUST BE PROACTIVE AND BEGIN YOUR ENROLLMENT STARTING 3 MONTHS PRIOR TO THE MONTH YOU TURN AGE 65.



WAYS TO ENROLL IN MEDICARE:

ONLINE AT SSA.GOV/MEDICARE

(Will Require a My Social Security Account Login to Complete Enrollment)

1.800.MEDICARE

SOCIAL SECURITY OFFICE

(Generally Done Via a Scheduled Telephone Appointment)



INITIAL ENROLLMENT PERIOD

THIS ENROLLMENT PERIOD BEGINS 3 MONTHS PRIOR TO THE MONTH YOU TURN AGE 65 AND LASTS FOR THREE MONTHS AFTER

IF YOU ENROLL DURING ANY OF THE 3 MONTHS PRIOR YOUR BENEFITS START ON THE FIRST OF THE MONTH OF YOUR 65TH BIRTHDAY

IF YOU ENROLL IN THE MONTH OF YOUR 65TH BIRTHDAY OR IN THE 3 MONTHS FOLLOWING YOUR BENEFITS START THE FIRST OF THE MONTH FOLLOWING THE MONTH YOU MAKE APPLICATION

H

SPECIAL ENROLLMENT PERIODS

SPECIAL ENROLLMENT PERIODS ALLOW PEOPLE AFTER
THE AGE OF 65 TO SIGN UP FOR MEDICARE SHOULD THEY
EXPERIENCE CERTAIN EVENTS.

THE MOST COMMON "SEP" ENROLLMENT APPLIES TO SOMEONE WHO HAS DELAYED RETIREMENT AND REMAINED COVERED UNDER A QUALIFIED EMPLOYER SPONSORED GROUP INSURANCE PLAN. THIS "SEP" CAN BE AT THE START OF ANY MONTH ALTHOUGH TIMING REQUIRED MAY BE LONGER TO APPLY AND RECEIVE CONFIRMATION



AM I REQUIRED TO ENROLL IN MEDICARE PART A & B?

NO - IF YOU ARE COVERED BY A GROUP HEALTH PLAN AND THE EMPLOYER HAS MORE THAN 20 EMPLOYEES YOU MAY DEFER MEDICARE ENROLLMENT WITHOUT PENALTY

GENERALLY PEOPLE WILL ENROLL IN MEDICARE PART A WHEN THEY TURN AGE 65 BUT THERE ARE SITUATIONS WHERE THEY MAY DEFER ENROLLMENT



HOW DOES MEDICARE WORK WITH HEALTH SAVINGS ACCOUNTS??

YOU CAN NOT CONTRIBUTE TO A HEALTH SAVINGS ACCOUNT IF YOU ARE ENROLLED IN ANY PART OF MEDICARE. YOUR CONTRIBUTIONS MUST BE PRORATED FOR THE YEAR THAT YOU ENROLL IN MEDICARE. IF APPLYING AFTER 65TH BIRTHDAY MEDICARE WILL GENERALLY BACKDATE THE EFFECTIVE DATE 6 MONTHS BUT NOT FURTHER THAN THE MONTH YOU TURNED 65

YOU MAY CONTINUE TO USE YOUR EXISTING HEALTH SAVINGS ACCOUNT BALANCE FOR ELIGIBLE EXPENSES INCLUDING MEDICARE PART B PREMIUMS



MEDICARE AND COBRA

MEDICARE DOES NOT CONSIDER COBRA TO BE "CREDITABLE"
COVERAGE. MEDICARE WILL BE PRIMARY PAYOR IF AN INDIVIDUAL IS
OVER 65 AND ENROLLED IN COBRA

AN EMPLOYEE SHOULD NOT MAINTAIN COBRA BEYOND MEDICARE ELIGIBILITY AND SHOULD ELECT MEDICARE WHEN ELIGIBLE. COBRA DOES NOT ALLOW AN EMPLOYEE TO SIGN UP USING A SPECIAL ENROLLMENT PERIOD

PART A & B PREMIUM PENALTIES WILL APPLY FOR LATE ENROLLMENT



OUR PROCESS

1. Initial Discussion – Used for basic fact finding

 Includes a discussion to identify the specific circumstances of each person and the timeline for obtaining coverage.

2. Assistance With Forms to Complete Original Medicare Enrollment

 Includes an explanation of the options for completing this enrollment and assistance with online applications and employer information forms when applicable.

3. Medicare Education & Plan Discussion

Hold either In-Person at one of our offices or via Zoom/Microsoft Teams. Complete
Medicare Education, Discuss our plan analysis and explain options including if applicable
any Retiree plan options.

4. Assist With Enrollment Applications - Ongoing Service

• Complete all program enrollments. Assist with any coverage questions, administration of plans. Discuss annually to determine best coverage options / plans.



Roundtable Discussion: Ask us your questions using the Q and A function



Karen Hawkes, MS VP Operations Northern Light Beacon Health



Jim Jarvis, MD, FAAFP
Senior Physician Executive
Incident Command,
Northern Light Health
Director, Clinical Education
Northern Light EMMC



Clifford Singer, MD, DFAPA, AGSF Chief, Center for Geriatric Cognitive and Mental Health and Director, Mood and Memory Clinic Northern Light Acadia Hospital



Jay Pearl Medicare Planning Specialist Carroll Harper & Associates Inc.

3.23.23

Tools you can use:

Webinars | Northern Light Beacon Health (northernlighthealth.org)

Good Health Is Good Business – Business to Business Zoom Conference Series

As an employer, we are right here with you, navigating the same uncharted COVID-19 waters you are. We have learned a thing or two along the way and we want to share with you. As a healthcare system, Northern Light Health has in-house experts who can offer guidance to help you safely welcome your employees, customers, volunteers, and students. We are working through these concerns every day in our ten hospitals and at our more than 100 other locations across Maine. We look forward to helping you!

Attendees are asked to join the conference by Zoom and listen to audio using your computer only. Please do not dial in while also connected via your computer. The dial-in number is for those not joining by computer. This will help accommodate a larger number of participants. See you Thursday!



March 23, 2023

Supporting an Aging Workforce

A one-hour conference focused on supporting the health and wellness of an aging workforce. Topics include community resources for older workers and what you need to know about Medicare.

Register Now

Past Webinars



February 9, 2023

Leading Through Challenging Times - Forming New Partnerships to Deliver on a Promise

View Resources



January 12, 2023

Hey Maine, How Are YOU?

View Resources



Register and Save the Date - Thursday, April 13th

Generational Differences in the Workplace

- Understanding perceptions of generational differences
- How to change the narrative on perceived generational differences
- Generational differences in recruitment strategies



One-hour Zoom Conferences Moderated forum with Q and A presented by Northern Light Health

ZOOM Business to Business Conference Series

GOOD HEALTH IS GOOD BUSINESS

Generational Differences in the Workplace

Thursday, April 13 at 11 am

The Zoom meeting ID will be sent to you upon registering



Learn how to support your employees and your customers to operate a safe and healthy business.

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Catharine MacLaren, Ph.D., LCSW, CEAP, SHRM-SCP Vice President, Talent & Diversity

Northern Light Health

Jim Jarvis, MD, FAAFP Senior Physician Executive, Incident Command

Northern Light Health
Director, Clinical Education Northern Light Eastern Maine Medical Center

Topics will include:

- Understanding perceptions of generational differences
- How to change the narrative on perceived generational differences
- Generational differences in recruitment strategies

Moderated by: Ed Gilkey, MD, MS, MBA, CPE

Senior Physician Executive Northern Light Beacon Health

PLEASE REGISTER
BY CLICKING HERE
BEFORE JOINING THE MEETING

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Please contact Karen Hawkes for more information khawkes@northernlight.org



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